



Carol Barnett

DANCE THEN TO EVERYTHING




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Dance Then To Everything

Music is everywhere
music is in sound and
music is in silence

Therefore I dance
to silence I dance
to tears I dance
to laughter I dance
to groans and moans

I dance to Rachmaninoff
and Bach, to Beethoven
and Dylan, to Carole King
and Marvin Gay and to everything
composed, harmonious and played

Dance then to birdsong and waterfall,
to the spring scented forest and garden,
to snow and the rain, to river and ocean,
with desert or mountain, I dance

For the dancing mind can dance
forward or backward in time and space also,
indeed to outer and inner dimensions uncommonly known

I dance with my eyes,
I dance with one hand,
I dance clapping,
I dance with one foot
or one shoulder, my hair
dances with wind

I dance to poetry while hearing it,
I dance to poetry while reading it
aloud to the tree for whom I wrote it

As I dance around the lovely thing
with my hand or arm encircling

As Rumi danced his grief
and finally his joy around
the cool, smooth, sacred stone
until he warmed it with longing~

As Rumi danced around the pillar of loss
when his beloved teacher and friend
called Shams, The Sun, had died—

He danced to call back the Light
from the belly of darkness
that had swallowed the sky,
as now the Sufi dance after him

For Dance is the Song of the Body,
and Songs are the Dance of the Voice~
as both Move, Utter, Outer the Soul

I dance to the gospels
I dance to the psalms
I dance to a friend
I dance mostly and always
to God

Don't let the limitations
of your body deter you,
dance with your mind,
dance with your soul

Feel free to join me
across great distances
of space and time
and dance on your own

Dance all by yourself
so no one will know
but you and the Beloved,
in whatever form you
experience the Beloved,
and let the Beloved
dance with You

“Dance Then To Everything” is from the book, *The Frequencies of Sound*,
by Alla Renée Bozarth, Wisdom House, Inc., 2013, Sandy, Oregon,.
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duration: c. 8:00

Dance Then To Everything

Alla Renée Bozarth

Carol Barnett

Joyfully; $\text{♩} = 76$

The musical score is arranged in five staves. The top four staves are for the vocal parts: Soprano, Alto, Tenor, and Bass. Each vocal staff begins with a treble clef (except for the Bass which has a bass clef), a key signature of one sharp (F#), and a time signature of 3/4. The vocal parts are currently silent, indicated by horizontal lines. The fifth staff is for the Piano, with a grand staff (treble and bass clefs). It begins with a dynamic marking of *f* (forte) and the tempo instruction 'Joyfully; $\text{♩} = 76$ '. The piano accompaniment features a rhythmic pattern of eighth and sixteenth notes in the right hand, and a bass line with eighth notes and rests in the left hand. A large, semi-transparent watermark 'For Eyes Publishing' is overlaid diagonally across the piano staff.

Dance Then To Everything

6

S *f* Mu - sic is ev - 'ry - where

A

T *f* Mu - sic is ev - 'ry - where

B

Pno.

11

S mu - sic is in sound and mu - sic is in si - lence

A *f* Mu - sic is ev - 'ry - where

T mu - sic is in sound and mu - sic is in si - lence *p* mu - sic is in sound

B *f* Mu - sic is ev - 'ry - where *p* mu - sic is in

Pno.

16 *p*

S
mu - sic is in sound

A
p
mu - sic is in sound and mu - sic is in si - lence mu - sic is in sound

T
8
mu - sic is in si - lence mu - sic is in sound and mu - sic is in si - lence mu - sic is in

B
sound and mu - sic is in si - lence in sound in si - lence in

Pno.

20 *cresc. poco a poco*

S
mu - sic is in si - lence mu - sic in sound and mu - sic in si - lence mu - sic in sound and

A
cresc. poco a poco
mu - sic is in si - lence mu - sic in sound and mu - sic in si - lence mu - sic in sound and

T
8
sound and mu - sic is in si - lence mu - sic is in sound and mu - sic is in si - lence mu - sic is in

B
cresc. poco a poco
sound in si - lence si - lence mu - sic is in sound and mu - sic is in si - lence mu - sic is in

Pno.

24

S
mu - sic in si - lence si - lence There - fore I dance to si - lence

A
mu - sic in si - lence si - lence There - fore I dance to si - lence

T
8
sound in si - lence in sound and si - lence There - fore I dance dance dance

B
sound in si - lence in sound and si - lence There - fore I dance dance dance

Pno.

24

S
mf dance dance *p* dance dance *cresc.* dance dance dance

A
mf dance dance *p* dance dance *cresc.* dance dance dance

T
8
mf There - fore I dance to si - lence *mp* dance dance *cresc.* dance dance dance, dance, dance

B
mf There - fore I dance to si - lence *mp* dance dance *cresc.* dance dance dance,

Pno.

27

mf *p* *cresc.*

32

S
dance ah ah

A
dance ah ah

T
8 dance I dance to tears ah

B
dance I dance to la - augh - ter

Pno.

f *mf* *mp*

37

S

A

T
8 I dance to groans and moans

B
I dance to groans and moans

Pno.

mf *mp*

42

S *mp* I dance to Rach - ma - ni - noff *cresc.* and Bach, _____

A *mp* I dance to Rach - ma - ni - noff *cresc.* and Bach, _____

T *mp* and Bach, *cresc.* and Bach, _____

B *mp* and Bach, *cresc.* and Bach, _____

Pno. *p* *cresc.*

47

S *f* to Bee - tho - ven _____

A *f* to Bee - tho - ven _____ *mp* to Ca - rol King

T *f* to Bee - tho - ven _____ *mp* and Dy - lan, ah _____

B *f* to Bee - tho - ven _____

Pno. *f* *mp*

51 *mp*

S
ah ah ah

A
Ca - rol King ah ah ah

T
ah

B
mp
and Dy - lan,

Pno.

55 *p*

S
and Mar - vin Gaye ah I dance

A
and Mar - vin Gaye ah I dance

T
and Mar - vin Gaye to ev - 'ry - thing

B
and Mar - vin Gaye and to ev - 'ry - thing com - posed, to ev - 'ry - thing

Pno.

60

S *mp* ah I dance *mf* to ev - 'ry thing com-posed, har -

A *mp* ah I dance to ev - 'ry-thing com-posed, *mf* ah ev - 'ry - thing com -

T *mp* com - posed, to ev - 'ry-thing com-posed, *mf* ev - 'ry - thing com -

B com - posed, to ev - 'ry thing com-posed, har -

Pno. *mp* *mf*

65

S *f* mo - ni - ous har - mo - ni - ous *dim. poco a poco* ah

A *f* posed, har - mo - ni - ous *dim. poco a poco* har mo - ni - ous ah

T *f* posed, har - mo - ni - ous *dim. poco a poco* har - mo - ni - ous ah

B *f* mo - ni - ous har - mo - ni - ous *dim. poco a poco* ah

Pno. *f* *dim. poco a poco*

70 *p* *rit.* ♩ = 132, *lilting* *mp*

S and played. Dance then to bird - song

A and played

T and played ...to

B and played

Pno. *p* *rit.* ♩ = 132, *lilting*

76 *p* *mp* *p* *mp* *p*

S and wa-ter - fall, wa-ter-fall, ah to the spring scent - ed

A ...and wa-ter - fall, ah to the spring scent - ed

T bird - song and wa-ter - fall, wa-ter-fall, ah to the spring scent - ed

B ...and wa-ter - fall, ah to the spring scent - ed

Pno. *p*

82

S for - est and gar - den, *p* to snow and the rain,

A for - est and gar - den, *p* to snow and the rain,

T for - est and gar - den, *p* to snow and the rain,

B for - est and gar - den, *p* to snow and the rain,

Pno.

82

S *mp* to riv - er to riv - er and o - cean, dance,

A *mp* to riv - er to riv - er and o - cean, with de - sert or

T *mp* to riv - er to riv - er and o - cean, dance,

B *mp* to riv - er to riv - er and o - cean, with de - sert or

Pno.

88

88

94 *p* *leggiero*

S dance, dance, For the danc - ing mind can dance dance

A moun - tain, I dance, ...danc - ing mind can dance dance

T dance, ...can dance dance

B moun - tain, I dance, ...danc - ing

Pno. *p* *leggiero*

99 *mp* *mf*

S for - ward or back - ward for - ward or back - ward for - ward or back - ward in time and space

A for - ward or back - ward for - ward or back - ward for - ward or back - ward in time and space

T danc - ing for - ward or back - ward for - ward or back - ward in time and space

B mind for - ward or back - ward for - ward or back - ward in time and space

Pno. *mp* *mf*

103 *mp* *mp* *mp* *mp*

S al - so, in - deed to out - er and in - ner di - men - sions un - com - mon - ly known un -

A al - so, in - deed to out - er and in - ner di - men - sions un - com - mon - ly known un -

T al - so, un - com - mon - ly known

B al - so, un - com - mon - ly

103 *mp*

Pno.

107 *mp*

S con - mon - ly known dance with my eyes.

A con - mon - ly known dance with my eyes,

T un - com - mon - ly known I dance with my eyes, I dance with one

B known un - com - mon - ly known dance with my eyes,

107

Pno.

111

S dance — with one hand, I dance clap - ping, or — one shoul - der,

A dance — with one hand, I dance clap - ping, or — one shoul - der,

T hand, I dance clap - ping, I dance with one foot with

B dance — with one hand, I dance clap - ping, I dance with one foot with

Pno.

116

S or — one shoul - der, one shoul - der, one shoul - der, my

A or — one shoul - der, one shoul - der, one shoul - der, my

T one foot one foot one foot my

B one foot one foot one foot my

Pno.

120 *f* *dim.*

S hair danc - es with wind danc - es with wind ah

A hair danc - es with wind danc - es with wind ah

T hair danc - es with wind danc - es with wind ah

B hair danc - es with wind danc - es with wind ah

Pno. *f* *dim.*

poco rit. $\text{♩} = 120$

125 *p* *pp*

S ch ch ch ch nn ch ch ch ch nn ch

A ch ch ch ch nn ch ch ch ch

T ch ch ch ch nn ch ch ch ch nn ch

B *p* hm

Pno. *mp* *p*

131

S
ch ch ch ch nn ch ch ch ch ch nn ch ch ch ch ch nn ch

A
hm hm hm

T
ch ch ch ch nn ch ch ch ch I dance to po-et-ry while hear-ing it, I

B
hm hm I dance I

mp

p

Pno.

137

S
ch ch ch ch nn ch ch ch ch ch nn ch ch ch

A
hm hm hm

T
dance to po-et-ry while hear-ing it, I dance to po-et-ry while read-ing it I dance to

B
dance I dance I dance

Pno.

142 *mp*

S ch ch a - loud to the tree for whom I wrote it

A a - loud to the tree for whom I wrote it

T po - et - ry while read - ing it

B I dance I dance I

Pno.

147 *mf* *p*

S As I dance a - round a - round a - round the love - ly thing

A As I dance a - round a - round a - round the love - ly thing en - cir - cling

T dance a - round the love - ly... hand or arm en - cir - cling,

B dance dance a - round the love - ly thing with my hand en -

Pno.

147 *mf*

152

S *p*
As Ru - mi danced his grief ah

A *mp* *p*
en - cir - cling en - cir - cling Ru - mi danced his grief ah

T *p*
As Ru - mi danced his grief ah

B *p*
cir - cling en - cir - cling As Ru - mi danced his grief ah

Pno. *mp* *p*

158

S *mp* *mf*
and fi - nal - ly his joy a - round the cool, smooth, sa - cred stone

A *mp* *mf*
and fi - nal - ly his joy a - round the cool, smooth, sa cred stone

T *mp* *mf* *p*
and fi - nal - ly his joy a - round the cool, smooth, sa - cred stone un - til he

B *mp* *mf*
and fi - nal - ly his joy a - round the cool, smooth, sa - cred stone

Pno. *mp* *mf*

163 *p* *cresc. poco* *mp*

S warmed it warmed it warmed it warmed it with

A warmed it warmed it warmed it warmed it with

T warmed it warmed it warmed it warmed it with

B warmed it warmed it

Pno. *p* *cresc. poco* *mp*

169 *p*

S long - ing~

A long - ing~

T long - ing~ As

B

Pno. *p*

175

S *pp*
ah ah

A *pp*
ah ah

T
8 Ru - mi danced a - round the pil - lar of loss

B *p*
when his be - lov - ed teach - er and friend called

175

Pno.

181

S
ah ah

A *pp*
ah ah ...danced to

T *pp* *pp*
8 ah ah He danced to call He

B
Shams, The Sun, had died~

181

Pno. *pp*

186 *pp* *cresc.* *cresc.* *cresc.* *p cresc.*

S ...danced to call danced to call danced to call call call call

A call, danced to call danced to call danced to call call call call

T danced to call, He danced to call, to call danced to call call call call

B call back call

Pno. *cresc.*

191 *mp* *p* *mp* *p* *mp* *mp* *dim.*

S to call back the Light

A to call back the Light

T to call back the Light

B back call back call back the Light from the belly of darkness that had

Pno. *mp* *dim.*

196 *pp* *p*

S as now the Su - fi dance

A as now the Su - fi dance af - ter him

T

B swal-losed the sky, as now the Su - fi dance

Pno. *p*

(11 Δ) (Δ11) *mp*

S af - ter him For Dance is the Song of the Bo - dy, and Songs are the Dance of the Voice~ as

A For Dance is the Song of the Bo - dy, and Songs are the Dance of the Voice~ as

T For Dance is the Song of the Bo - dy, and Songs are the Dance of the Voice~ as

B af - ter him For Dance is the Song of the Bo - dy, and Songs are the Dance of the Voice~ as

Pno. (11 Δ) (Δ11)

206 *dim. poco a poco*

S both both Move Ut - ter, Out - er the Soul

A both both Move Ut - ter, Out - er the Soul, the

T both both Move Ut - ter, Out - er the Soul

B both both Move Ut - ter, Out - er the Soul, the

Pno. *mp* *dim. poco a poco*

212 *p*

S ah

A Soul ah

T ah

B Soul ah

Pno. *p*

218

S *p* ...dance dance

A *p* I dance to the gos - pels I

T *p* I dance to the gos - pels I

B *p* I dance to the gos - pels I

Pno. *p*

225

S *cresc.* *mf* > dance dance, I dance to a friend I dance most - ly and al - ways to

A *cresc.* *mf* > dance to the psalms I dance to a friend I dance most - ly and al - ways to

T *cresc.* *mf* > dance to the psalms I dance to a friend I dance most - ly and al - ways to

B dance to the psalms

Pno. *cresc.* *mf* >

232 *p* *mp*

S God _____ al - ways ah — Don't let the lim-i-ta-tions of your bod - y de -

A God _____ al - ways ah — Don't let the lim-i-ta-tions of your bod - y de -

T God _____ al - ways ah — Don't let the lim - i - ta-tions of your bod-y —

B *mf* *mp* *p* *mp*
I dance most - ly to God _____ Don't let the lim - i - ta-tions of your bod-y —

232 *mp* *mf mp*

Pno.

239 *mf* *mf* *mf*

S ter you, don't let the lim - i - ta - tions of your bod - y — de - ter you, dance

A ter you, don't let the lim - i - ta - tions of your bod - y — de - ter you, dance

T — de-ter you, don't let the lim - i - ta - tions of your bod - y — de - ter you, dance

B — de-ter you, don't let the lim - i - ta - tions of your bod - y — de - ter you, dance

239 *mf*

Pno.

244

S
_____ with your mind, dance with your soul _____ a - cross _____ great

A
_____ with your mind, dance with your soul _____ a - cross _____ great

T
8 dance with your mind, dance with your soul a - cross great

B
dance with your mind, dance with your soul a - cross great

Pno.

249

S
dis - tanc - es of space and time _____ and *p*

A
dis - tanc - es of space and time _____ and dance *p*

T
8 dis - tanc - ces of space and time _____ and dance on your own *p*

B
dis - tanc - es of space _____ space and time _____ dance _____ *p*

Pno.

256

S dance on your own on your own and dance on your own *mp*

A on your own on your own and dance on your own on your *mp*

T and dance on your own on your own *mp*

B dance and dance on your own *mp*

Pno.

261

S on your own Dance all by your - self so no one will know Dance *mf* *p*

A own your own Dance all by your - self so no one will know *mf* *p sub.*

T your own Dance all by your - self so no one will know *mf* *p sub.*

B Dance all by your - self so no one will know Dance *mf* *p*

Pno.

266 *mf* *p*

S
all by your - self _____ in what - ev - er

A
mf *p*
Dance all by your - self _____ in what - ev - er

T
mf *p*
Dance all by your - self _____ in what - ev - er

B
mf *mp* *p*
all by your - self so no one will know but you and the Be - lov - ed, _____

Pno.
mf *mp* *p*

270

S
form you ex-per-i-ence the Be - lov-ed, —

A
p
form you ex-per-i-ence the Be - lov - ed, and let the Be-lov-ed dance with You let the Be-lov-ed

T
p
form you ex-per-i-ence the Be - lov-ed, — let the Be-lov-ed

B

Pno.
p *p*

275 *mp* *mf*
S let the Be-lov-ed dance with You let the Be-lov-ed dance with You
A dance with You let the Be-lov-ed dance with You let the Be-lov-ed dance with You
T dance with You let the Be-lov-ed dance with You let the Be-lov-ed dance with You
B *mf* let the Be-lov-ed dance with You

275 *mp* *mf*
Pno.

280 *f*
S let the Be-lov-ed dance with You let the Be-lov-ed dance with You let the Be-lov-ed
A let the Be-lov-ed dance with You let the Be-lov-ed dance with You let the Be-lov-ed
T let the Be-lov-ed dance with You dance with You, let the Be-lov-ed dance with You
B *f* let the Be-lov-ed dance with You dance with You, let the Be-lov-ed dance with You

280 *f*
Pno.

285

S dance with You let the Be - lov - ed dance with You dance with You

A dance with You let the Be - lov - ed dance with You dance with You

T let the Be - lov - ed dance with You let the Be - lov - ed dance with You

B let the Be - lov - ed dance with You let the Be - lov - ed dance with You

mf

285

Pno.

290

S dance with You dance with You dance with You dance with You

A dance with You dance with You dance with You dance with You

T dance with You dance dance with You dance with You dance with You

B dance with You dance with You

dim. poco a poco

mp dim.

290

Pno.

dim. poco a poco

295

S *p* *dim.* *pp*
dance with You _____ dance _____ dance _____ dance _____ mm _____

A *p* *dim.* *pp*
dance with You _____ dance _____ dance _____ dance _____ mm _____

T *p* *dim.* *pp*
_____ dance with You _____ dance _____ dance _____ dance _____ mm _____

B *p* *dim.* *pp*
_____ dance with You _____ dance _____ dance _____ dance _____ mm _____

Pno. *p*

300

S

A

T

B

Pno. *mp* *p*